

Wheelwright Lane Primary School PE provision –

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Music and Movement	Music and Movement / Strength and well being	Gymnastics	Ball Skills	Team Games (Athletics)	Team Games (Athletics)
Nursery & Reception	<p>Continuous provision: Developing balance – bikes / scooters / stilts / balance bikes / hoppers</p> <p>Upper body strength and core – monkey bars / pulleys / tyres / barrels / ropes / bat and ball / Willow Tree swing</p> <p>Outdoor soft pitch: Ball skills – throwing, catching, kicking/ Hoops – rolling, catching/ Bats - hitting</p>					
Reception	Dance – ‘the curious leaf’ (Adele plans)	Dance – ‘the curious leaf’ (Adele plans)	Gymnastics / Strength and well being	Ball skills Dinosaur dancing	Ball skills Gymnastics	Team Games (Athletics)
Year 1	Dance ‘Ballroom and Latin’ (Adele’s plans)	Multi skills - Jenny (Ball skills 1)	<i>Fundamental Movement skills Assessment (Coventry University Link lessons)</i>	<i>Fundamental Movement skills (OAA Focus – Jenny)</i>	<i>Ball skills 2 (Jenny – dodgeball)</i>	Sports day practice (athletics)
	Gym (Jenny)	Gymnastics	Cricket	Dance – colours	Dance – Lifecycles (egg, tadpole, froglet & frog)	Athletics (Jenny)
Year 2	Ball skills	Ball Skills	<i>Fundamental Movement skills (Coventry University lessons)</i>	Invasion Games	Team games OAA introduction	Dance

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	Dance - 'the determined clowns'	Circus Skills	Body Flexibility and movement (gymnastics)	Dance (link to superheros)	Gymnastics	Sports day practice Athletics
Year 3	Swimming Body flexibility and strength training Europe	Fundamental Sporting Skills (COV UNI) Stoneage	<i>Fundamental Movement skills (COV UNI)</i> Swimming/body flexibility and strength training Swimming (group 3) LC	Dance – Curious Ribbons Earthquakes	Gymnastics	Dance – cheer leading to link to Roman chants and sports day practises
	Invasion Games (Sports coach PPA) Tuesday 2-3pm	Invasion games (Rugby) (Sports coach PPA) Tuesday 2-3pm	Gymnastics (Alex Field coach PPA) Tuesday 2-3pm	Outdoor adventurous (Sports coach PPA) Tuesday 2-3pm	Cricket (Sports coach PPA) Tuesday 2-3pm	Athletics (Sports coach PPA) Tuesday 2-3pm
Year 4	Gymnastics (bridges) On the Move	Dance – linked to Science – (Egypt) human bodies	Body flexibility and strength training Swimming	Swimming – top up/ Body strengthening and conditioning Dance – Rivers	Gymnastics (levels and direction) Saxons & Viking	Dance 'Brave ballet dancers'
	Invasion Games- basketball (Alex – sports coach)	Invasion (adapt y3 rugby plans) (Alex – sports coach PPA) Tuesday 1:15-2:15-pm	Invasion - hockey	Cov Uni Lessons - fundamental movement skills Tennis	Outdoor adventurous	Athletics

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	PPA) Tuesday 1:15-2:15- pm					
Year 5	Invasion - Netball	Tennis	Fundamental Movement skills Invasion – Cov Uni Plans	Top up swimming Strength and resilience training Wellbeing/gym/yoga/mindfulness (look at Cov uni x 2plans)	Cricket	Athletics
	Dance - Space	Fundamental sporting skills	Gymnastics -/Yr 4 recap for gymnastics unit	Gymnastics – counter balances	Dance 'Resilience'	Outdoor adventurous Swimming - top up
Year 6	Hockey	Fundamental movement skills (Cov Uni Plans)	Global warming dance	Invasion Games/ Tag Rugby	Cricket - build links with the club/chance to shine resources	Dance 'Musical Theatre'
	Gymnastics - Body flexibility and strength training	Gymnastics	Fundamental Sporting Skills	Dance - Haka	Athletics Swimming - top up	Outdoor adventurous Swimming - top up

Extra-Curricular Provision Aut 1

Autumn	Before School (7:45-8:45)	Breaktime	Lunchtime	Afternoon	After school
Monday			Years 2, 3, 4, 5 and 6 Basketball Basketball (Children to eat their lunch first)		Nerf Guns yrs 1-6
Tuesday					Years 4, 5, 6 Football
Wednesday	Years 1-6 Musical Theatre 7:45-8:45				
Thursday					Multi-skills tbc
Friday					